



Red Wrap

INSTRUCTION MANUAL



RED WRAP

Table of Contents

Meet the UltraLux Red Wrap	-----	2
Health Benefits From Using The Red Wrap	-----	4
Included With Your UltraLux Red Wrap	-----	5
How to Use	-----	6
Red Wrap Functions	-----	7
Frequently Asked Questions (FAQ)	-----	10
Safety and Care Instructions	-----	12
Warranty and Contact Information	-----	13

Table of Contents

UltraLux Red Wrap Health Guide	-----	14
Supported Principles of the Red Wrap	-----	15
How to Optimize Your Red Wrap Benefits	-----	17
What to Avoid	-----	19

Meet Your UltraLux Red Wrap

Congrats on purchasing the UltraLux Health Red Wrap! We hope you'll enjoy the expert-level restorative and healing aspects of red light therapy in your own home, on your own time.

While red light therapy is renowned for its skin benefits, *the UltraLux Red Wrap harnesses the pain relieving, inflammation-reducing, muscle-building properties of red light for all of your therapy needs.*



What is the UltraLux Red Wrap's Secret?

Clinically Proven Pain Relief

Experience all-natural, medical-grade pain relief without medication or unnecessary procedures.

Pulsed & Continuous Light Therapy

The Red Wrap has two treatment modes for enhanced cellular stimulation: pulsed and continuous therapy mode. These two treatment modes allow for customizable treatments that meet your unique health needs.

FDA-Cleared Wavelengths for Weight Loss

The UltraLux Red Wrap includes red and near-infrared light wavelengths to get rid of fat cells and promote the growth of healthy muscle.

Health Benefits from Using Ultralux Health's Red Wrap

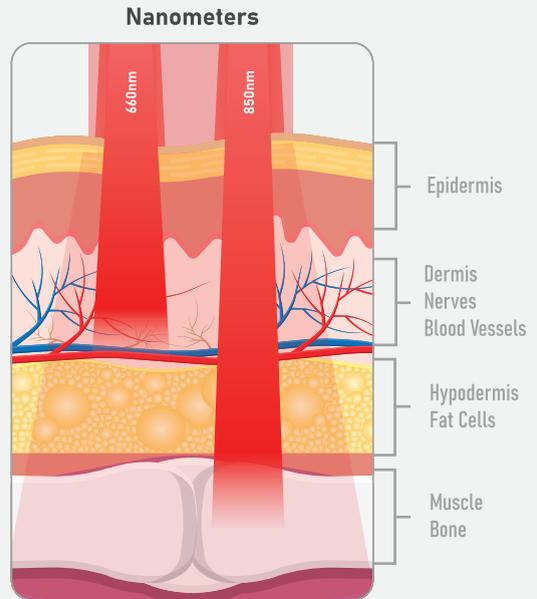
The UltraLux Red Wrap combines Red (660nm) and Infrared (850nm) Wavelengths which are ideal for providing therapeutic relief.

Red Light 660nm

Treats arthritis and other joint inflammation, aids in the regeneration of stem cells, reduces hypertension, aiding in stroke-prevention, and accelerates

Infrared Light 850nm

Relief from injury and chronic pain, reduction of subcutaneous fat cells, increases metabolism and digestions, and improves athletic and cardiovascular performance.

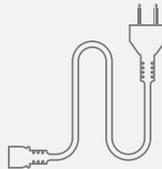


***Disclaimer:** Since red light therapy supports a variety of health conditions, we cannot list every condition, nor can we identify if red light is the solution for your specific condition. If you are curious about how red light might help with your particular health issue, we recommend researching or contacting your doctor. A great place to start is the National Institutes of Health website at nih.gov.

Included With Your UltraLux Red Wrap



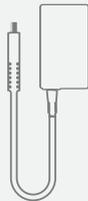
1x UltraLux Red
Wrap



1x Power
Cord



1x USB Power
Cable



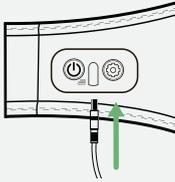
1x Power
Adaptor



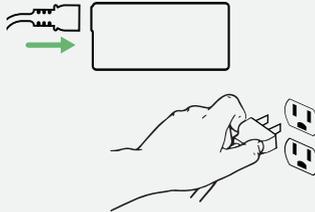
1x User
Manual

How to Use Your Red Wrap

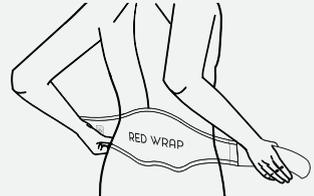
- 1.** Plug the provided power cord into the Red Wrap port located on the right side of the wrap by the power button.



- 2.** Then, plug the female end of that same power cord into the provided power bank. Attach the connecting cord of the power bank into a wall power outlet.

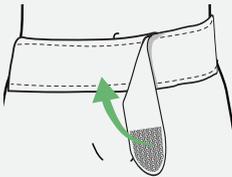


- 3.** Next, place the Red Wrap on the desired body region using the velcro straps.

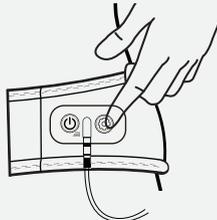


For optimal results, remove any lotions, sunscreen, make-up, ointments, etc. from your skin before using the Red Wrap.

- 4.** Attach the velcro strap to the fuzzy fabric strap of the Red Wrap to ensure a snug but comfortable fit.



- 5.** Select your desired treatment session. See Red Wrap Functions for instructions on how to adjust wavelengths and other features. The Red Wrap will automatically shut off after 15 minutes of use.



**FOR VIDEO INSTRUCTIONS
SCAN THIS QR CODE WITH
YOUR PHONE'S CAMERA**

Red Wrap Functions

All Red Wrap functions are controlled by the **Power Button**  located on the side of the device. The Red Wrap must be **plugged into power** to operate.

When you plug in your Red Wrap, the Power and Settings buttons light up with a soft blue, indicating power *but not that the Pulse Therapy Mode is active*.

Continuous Therapy Mode

This mode provides uninterrupted light exposure and is ideal for targeting specific areas. For best results & to optimize your results, follow the instructions on page

To initiate Continuous Mode, follow the steps below:



Plug in the device to a power source & quick-press the Power Button once - the **Power Button will then turn green**. This will activate both Red & Near-Infrared LEDs (660nm & 850nm)

1x  Press again to trigger **only the Red LEDs** (660nm)

2x  To activate **only the Near-Infrared LEDs** (850nm) press the Power Button again. Near-infrared light is invisible to the eye, but the Power Button will remain green to indicate it's active.

3x  Press again to **shut down** all LEDs.

Red Wrap Functions

All Red Wrap functions are controlled by the **Power Button**  located on the side of the device. The Red Wrap must be **plugged into power** to operate.

When you plug in your Red Wrap, the Power and Settings buttons light up with a soft blue, indicating power *but not that the Pulse Therapy Mode is active*.

Pulse Therapy Mode

This mode delivers light in pulsed intervals to stimulate blood flow and cellular activity, ideal for hair growth and circulation.

To initiate Pulse Therapy Mode, follow the steps below:



After plugging in your Wrap, **quick-press the Power Button until it turns green**. Then, **press and hold the Power Button for 3–5 seconds until it changes from green to blue**, activating all LEDs (660nm & 850nm) in Pulse Mode.

- 1x**  Press the Power Button again to **activate only the Red LEDs** (660nm)
- 2x**  Press again to **only trigger the Near-Infrared LEDs** (850nm) will come to pulse mode. The blue Power Button confirms Pulse Mode is active — even though near-infrared light is not visible.
- 3x**  Press again to **power off all LEDs**.

Red Wrap Functions

Adjust Brightness Settings

There are 3 different Brightness Settings, signified by the three lines next to the power button. You can adjust the brightness on both Continuous and Pulsed Therapy Modes.

All Brightness Settings are initiated using the **Settings Button** located next to the power button. The default brightness is 50%.



75% Brightness



100% Brightness



50% Brightness

Troubleshooting your Red Wrap

If you are experiencing difficulty with your Red Wrap, we recommend powering off your device and unplugging each cord from the Red Wrap. Then unplug the power cord from the power outlet of your wall.

Then reconnect the cord to the Red Wrap, and the connector to the power outlet. This will support the device in resetting.

***Disclaimer:** The Red Wrap emits near-infrared light which is not visible to the human eye. This might give the impression that the LEDs are turned off when the near-infrared light is on, but in reality, all the LEDs are fully operational—infrared light just cannot be seen.

Frequently Asked Questions

FDA-Cleared Wavelengths for Weight Loss

The UltraLux Red Wrap includes red and near-infrared light wavelengths to get rid of fat cells and promote the growth of healthy muscle.

How does red light therapy work?

Red light therapy delivers natural, non-invasive wavelengths of light to the cells in our bodies. When these light wavelengths are absorbed, the mitochondria are

Will the Red Wrap work for weight loss?

Yes! The red and infrared light therapy waves the Red Wrap uses are perfect for weight loss, pain management, muscle recovery, and many other benefits.

What is irradiance, and why is it important?

Irradiance measures the strength and effectiveness of a light wavelength. UltraLux uses only high irradiance levels on all red light therapy products to

What is the EMF output of the Red Wrap?

The Red Wrap has an EMF output of 16.3 milligauss at its highest setting.

Are there side effects from using this device?

Red light therapy is not associated with any adverse side effects if used as

Frequently Asked Questions

How long will results last?

If you are consistent with treatment and maintain an active, healthy lifestyle, your pain relief results could last forever!

What area of the body can be treated?

You can treat any area of the body where you'd like to lose weight or relieve pain. If you have questions about where you can use this red light therapy

Is the Red Wrap battery-operated?

No, the Red Wrap is powered by plugging it into a power source during treatment session use.

How long can I use the Red Wrap for?

For best results, use the Red Wrap for 1-2, 15-minute sessions daily for a minimum of 4 weeks. We strongly advise you to only use the Red Wrap for these

Can I use the Red Wrap on my eyes?

The Red Wrap is specifically designed for use on areas like the arms, legs, neck, and waist, targeting pain and inflammation through direct contact for deeper penetration. It is not suitable for use on your face or eyes.

For facial skin therapy, consider the UltraLux Red Mask or the Anti-Aging Mask. For the eyes, the UltraLux Red Pro or Red Mini panels are better suited.

However, if you choose to use the Red Wrap near your eyes, exercise caution by

Safety Instructions



This device is water-resistant, **NOT WATERPROOF.**

Do not submerge the Red Wrap or its components in water.

- Not intended for use by children or pregnant women.
- Do not exceed 30 minutes per treatment session.
- Do not stare directly into the red light panels/diodes.

Consult Your Doctor if You:

- Have any medical questions regarding red light therapy.
- Experience negative reactions or effects from using this device.
- Are taking drugs or medication known to cause light sensitivity.

For Sensitive Skin:

For those with sensitive or mature skin, use the Red Wrap with caution. To avoid possible burns or injuries, adjust settings to the following:

- When initiating Continuous Therapy Mode or Pulsed Therapy Mode, turn off infrared light after approximately 5 minutes and leave only red light on.

- Decrease intensity to 50%.
- Conduct more red light therapy sessions per week for less time (8-10 minutes instead of 15 minutes per session).

Care Instructions

Before storing your Red Wrap, unplug it and keep it in a cool, dry area away from direct sunlight.

To Clean the Red Wrap:

- Make sure all cords are disconnected, and that the Red Wrap is powered off.
- Use a damp cloth or paper towel to clean the wrap. Only clean the outside fabric portion of the wrap, avoiding the LED diodes and panels.
- Never submerge your wrap in water or other liquids.
- Allow your Red Wrap to air dry before using it again.

Red Wrap Warranty

All new UltraLux Health products come with a 1-year manufacturer warranty, and only valid for the original buyer. In order for the warranty to apply, the item must be in like new condition, excluding the defect.

Contact support@ultraluxhealth.com with photo or video evidence of the defective item. Whether or not the item is covered under warranty is under full discretion of UltraLux Health. If the item is covered, a replacement item will be shipped to the customer at no cost to the customer. Warranties cover labor, defective parts, and the return shipping of the new/repaired product to the customer.

Contact For Assistance

Now that you know exactly how to operate and use your UltraLux Red Wrap, it's time to take full advantage of the amazing benefits!

Feel free to reach out to our customer service team with any questions or concerns



✉ Support@ultraluxhealth.com 💬 Live Chat : ultraluxhealth.com

☎ 385-360-9755 or Internationally Toll Free at: 855-479-4149

M-F 8:00am - 4:00pm MST



RED WRAP

HEALTH GUIDE



UltraLux Red Wrap Health Guide

The UltraLux Health Red Wrap has benefits for all types of skin and body conditions. Whether you want healthier skin or to improve muscle recovery, the Red Wrap may be your solution. This Red Wrap Health Guide will provide you with information to facilitate quality results.

Supported Principles of the Red Wrap

Red light therapy (RLT) supports various mechanisms related to internal biological processes that promote body, skin, and mental health. The UltraLux Red Wrap supports these same processes while targeting your muscles and skin. Additionally, we advise consulting a doctor if you have questions about a specific condition related to these targeted areas. However, if your specific condition would improve



Increased Collagen

Collagen is a structural protein that provides support to the skin. Red light therapy has been associated with increased collagen production, contributing to the strength and resilience of tissues.



Stimulation of Cellular Activity

Red light therapy enhances cellular function by promoting increased energy production (ATP) within the cells. This may lead to improved cell metabolism and overall cellular health in the body.



Reduction of Inflammation

Red light therapy can reduce inflammation in the skin and muscles. This can be particularly relevant for conditions associated with skin and muscle inflammation in which red light may further support tissue repair and regeneration, aiding in healing.



Increased Blood Circulation

Red light therapy stimulates blood flow in the the body. Improved blood circulation can deliver more oxygen and nutrients to the cells, aiding in the healing process of muscle and also in pain relief.



Mental Health

Exposure to red light is believed to stimulate cellular activity, particularly in the mitochondria, leading to enhanced energy production and improved neurotransmitter function. The release of certain neurotransmitters (such as serotonin and endorphins) as a result of red light exposure can play a key role in mood regulation and emotional well-being.

How to Optimize Your Ultralux Red Wrap Benefits

Tailoring your red light therapy sessions is great for achieving goals and maximizing the potential benefits of this treatment faster. Optimizing sessions to individual goals allows for a more targeted and effective approach. For example, if your goal is to improve muscle recovery, understanding the optimal wavelength, duration, and intensity of red light exposure for stimulating cellular growth is essential. The Ultra-Lux Red Wrap allows you to adjust your red light therapy sessions for your needs.

Arthritis and Inflammation Relief

If you experience symptoms of arthritis and inflammation, or desire to take preventative measures, select Continuous Therapy Mode, activating only the Red light LEDs. Use for one 15-minute sessions every day for a minimum of 4 weeks.

1
SESSION
PER DAY


15 MIN


75%

4
WEEKS

Weight Loss and Metabolism

For weight loss results, select Pulsed Therapy Mode, activating both the Red light and Infrared light LEDs. Use for one 15-minute sessions every day for a minimum of 4 weeks.

1
SESSION
PER DAY


15 MIN


75%

4
WEEKS

Pain Relief

If you experience pain relief, select Continuous Therapy Mode, activating only the Infrared light LEDs. Use for one 15-minute sessions every day for a minimum of 4 weeks.

1
SESSION
PER DAY


15 MIN


75%

4
WEEKS

Muscle Building and Recovery

For muscle improvement and overall recovery, select Pulsed Therapy Mode, activating only the Red light LEDs. Use for one 15-minute sessions every day for a minimum of 4 weeks.

1
SESSION
EVERY DAY


15 MIN


75%

4
WEEKS



What to Avoid

When using the UltraLux Red Wrap, it is important to maintain your health and safety. We recommend avoiding the following in order to receive the results you want, while protecting yourself.

Overexposure

We recommend not exceeding 30 minutes per session. Do not wear your Red Wrap overnight.

Not Consulting a Doctor About Conditions and Medications

If you suffer from a specific medical condition, or are taking photosensitizing medications, and do not consult with a healthcare professional or dermatologist, there may be adverse effects. Talk to your doctor, and they can provide personalized advice based on your health status.

Inconsistency in Use

Consistency is key with red light therapy. Avoid sporadic or irregular usage, as regular and consistent sessions are more effective for achieving quality results. But do not exceed recommended session time.

DISCLAIMER : The information provided in this health guide is intended for informational purposes only and is not a substitute for professional medical advice, diagnosis, or medical treatment. Use the information in this guide responsibly, and seek professional medical guidance from your doctor if you have questions regarding your specific health concerns.

Product Specifications

Product Name	UltraLux Red Wrap
Rating Power	38 Watts
Actual Power	15 Watts
Product Size	45x0.19x5.25in
LED Quantity	75 diodes / 150 individual LEDs (2 LEDs per diode)
Net Weight	0.29 lb
Wavelength	660 nanometers ; 850 nanometers
Irradiance	0 inch: > 100 mW/cm ²
Timer	20 minutes
Material	Fabric
Lifespan	50,000 hours



Questions? We are happy to help.

✉ Support@ultraluxhealth.com  Live Chat : ultraluxhealth.com

 385-360-9755 or Internationally Toll Free at: 855-479-4149

M-F 8:00am - 4:00pm MST