



# RED MASK

INSTRUCTION MANUAL

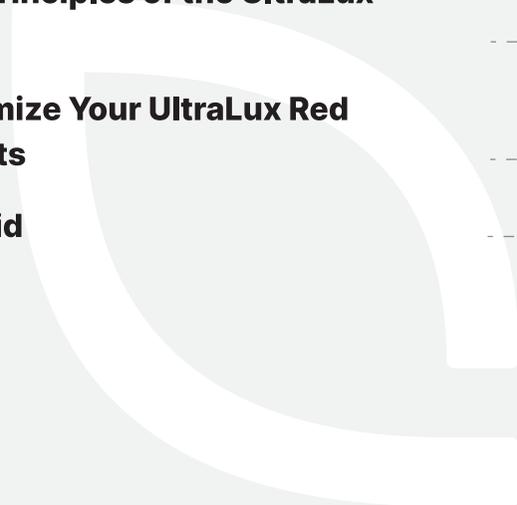


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# Meet the UltraLux Red Mask for Men

Thank you for purchasing the UltraLux Health Red Mask! We hope you'll enjoy the expert-level restorative and healing aspects of red light therapy in your own home, on your own time.

While red light therapy is renowned for its skin benefits, **the UltraLux Red Mask combines the anti-aging power of red and infrared light with the sterilizing and anti-acne benefits of blue.** The Red Mask has 4 FDA-cleared wavelengths for clinic-quality healing at home.



# What Sets the UltraLux Red Mask Apart?

**Clinic-Quality Healing at Home: Experience the best of skincare technology without harsh chemical products, and without leaving the comfort of your home.**

## **Combination of 4 FDA-Cleared Light Wavelengths:**

The UltraLux Red Mask includes red, blue, yellow, and infrared light wavelengths to combat skin issues and reduce inflammation. Built with unique wavelengths to address your unique skincare needs, the UltraLux Red Mask will give you the best skin of your life.

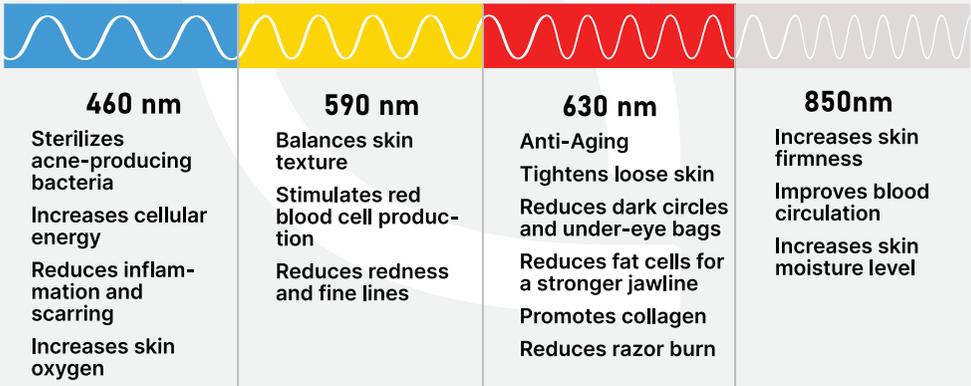
## **Two Treatment Areas in One Session:**

The UltraLux Red Mask includes a face mask and neckpiece to share the skincare love. Your chest and neck areas are some of the fastest-aging regions of your body, and our medical-grade light therapy is ready to help.

# UltraLux Red Mask Health Benefits

By offering a range of light settings, the UltraLux Red Mask can help you take full advantage of your red light therapy sessions.

## Nanometers\*



\*Nanometers are the units of measure for light wavelengths.

# What's Included With Your UltraLux Red Mask



**1X** Neck and Chest Piece



**1X** Battery & Controller



**1X** USB Cable

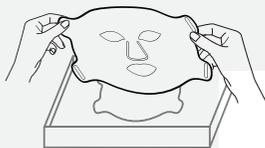


**1X** Adaptor

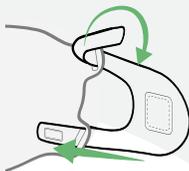


**1X** User Manual

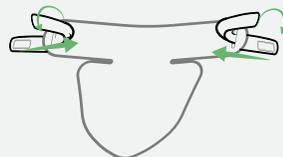
# How to Use



- 1.** Remove face mask and neck piece from the box.



- 2.** Insert the included face mask velcro straps into the designated cutouts on the sides of the mask.

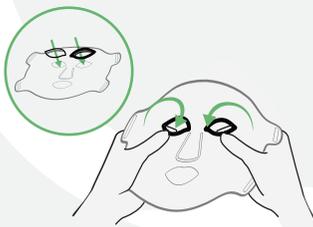


- 3.** Do the same with the neckpiece cutouts.

You do not need to use the neck attachment in your red light sessions, however, if you would like to target your neck and chest area for desired results, we recommend including it in your sessions.



- 4.** Remove the protective plastic film from the back of the Red Mask.



- 5.** Next, attach the silicone eye cups to the face mask by pushing the lip of the eye cup through the eye slits. Massage until the eye cups and mask are comfortably seated.



- 6.** Then place the face mask on your face, making sure that your eyes and nose line up with the eyes and nose cut outs of the mask.

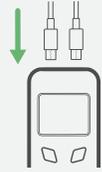
# How to Use



- 7.** Attach the straps by lining up the velcro piece of the first strap to the fuzzy side of the second strap. Loosen or tighten the straps to ensure a comfortable fit.



- 8.** For the neckpiece, wrap the straps around your neck matching up the first strap with the second velcro strap. Loosen or tighten the straps to ensure a comfortable fit.



- 9.** Next, plug the USB-C connector from the mask into the USB-C port of the remote controller. Repeat with the cord of the neckpiece if desired.



- 10.** Then simply select your desired treatment session. See Remote Functions for instructions on how to adjust wavelengths and other features.



**FOR VIDEO INSTRUCTIONS  
SCAN THIS QR CODE WITH  
YOUR PHONE'S CAMERA**

# Remote Functions



To turn on or off, press and hold the power button.

**NIR**

Select the “NiR” button for Near-infrared light (850nm).

**E**

Select the “E” button to choose the power level:

Press once for 50% power.

Press twice for 75% power.

Press three times for 100% power.

**M**

Select the “M” button to choose the light mode:

Blue (460nm)

Yellow (590nm)

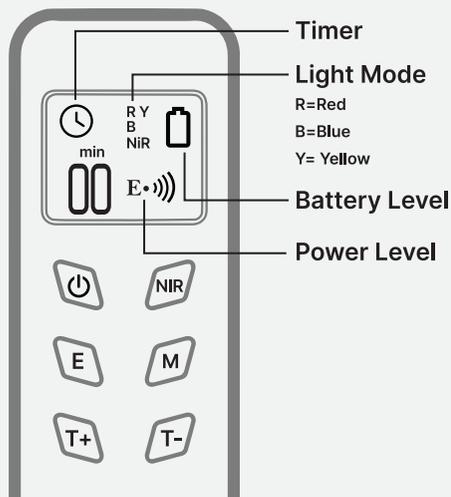
Red (630nm)

**T+**

Use the “T+” button to increase the timer.

**T-**

Use the “T-” button to increase the timer.



## Charging Your Remote

**Before using your Red Mask, ensure that your remote controller is charged.**

Plug the provided power cord into the bottom of the remote controller, then connect the USB end of the cord to connect to the provided power bank.

Then plug that power bank into a power wall outlet.

The remote controller will begin to charge.

# Remote Functions

Ensure that the cord of the mask is connected to the remote controller before beginning use. Additionally, if you would like to use the Neckpiece ensure that the cord is connected to the remote controller as well.



**To turn your Red Mask, or neckpiece, on or off, press and hold the power button on the remote controller.**



**Press the “M” button to choose the light mode.**

## Red Light 630 nm

The use of red light is a fundamental aspect of red light therapy. Red light is known to penetrate the skin and stimulate the mitochondria within cells. This stimulation enhances the production of adenosine triphosphate (ATP), the primary energy currency of cells. With an increase of ATP, there is an improvement of muscles recovery, anti-inflammatory effects, skin health, and so much more.

## Blue Light 460 nm

Blue light has anti-inflammatory effects that help reduce inflammation in the skin. When used in conjunction with red light therapy, which also has anti-inflammatory properties, it may enhance the overall anti-inflammatory response. Combining blue light with red light therapy may provide a broader range of benefits, targeting both skin conditions and promoting overall skin health.

# Remote Functions

## Yellow Light 590 nm

Yellow light is often associated with improving skin tone and texture. It can stimulate collagen production and promote overall skin rejuvenation. It has been suggested to have positive effects on microcirculation in the skin. Improved blood flow can contribute to better oxygenation and nutrient delivery to the cells, supporting overall tissue health.



Select the “NiR” button for Near-infrared light (850nm). This near-infrared light will operate with the selected colored light and will be invisible to the human eye.



Press the “E” button to choose the power level:

Press once for 50% power.

Press twice for 75% power.

Press three times for 100% power.

To adjust the specified time of your red light therapy session, you can increase or decrease the timer.



Use the “T+” button to increase the timer.



Use the “T-” button to decrease the timer.

# Frequently Asked Questions

## **How long will it take to notice results?**

*You may start to notice visible results in as little as 4 weeks of consistent use. Individual results may vary depending on skin type and condition. We recommend using the UltraLux Red Mask for at least 8 weeks for noticeable results.*

## **Is Red Light bad for my eyes?**

*Red light is good for your eyes, however the Red Mask does not provide enough direct light to your eyes for it to be useful. Most customers find it useful to close their eyes while using the Red Mask.*

## **What is irradiance?**

*Irradiance measures the strength and effectiveness of a light wavelength. UltraLux uses high irradiances on all red light therapy products to ensure real, powerful results.*

## **Are there side effects from using this mask?**

*Red light therapy is not associated with any adverse side effects if used as directed.*

## **How does red light therapy work?**

*Red light therapy delivers natural, non-invasive wavelengths of light to the cells in our bodies. When these light wavelengths are absorbed, the mitochondrion are stimulated, creating more energy within our bodies. As a result, this cellular energy is used to increase the health and effectiveness of our bodily functions.*

# Frequently Asked Questions

## **Is red light therapy safe?**

*Red light therapy is a noninvasive, safe alternative for skincare and overall health. It does not require any harsh topical treatments, which can irritate and damage the skin. Red light therapy does not use UV light, which has been linked to skin cancer and other damage. When used as directed, red light therapy is considered safe for aiding in weight loss, alleviating pain, and treating common skin conditions. If you have questions about your particular condition or situation, please consult a medical professional before using red light therapy.*

## **Will I get a tan from using the device?**

*No, you will not get a tan. The wavelengths used in all of the UltraLux red light products do not contain UVA or UVB rays, meaning there is no risk for tanning or sun damage.*

## **Do I need to clean the device? How do I clean it?**

*We recommend cleaning the mask between each use. To clean, use a water-based wipe or wet paper towel to gently clean the LEDs and the silicone portion of the mask. Allow to dry completely before use.*

# Safety Instructions

Not intended for use by children or pregnant or breastfeeding women.

Do not use this product if you have any light sensitivity disorder.

Make sure to wear the mask correctly around the eye region; do not cover eyes with the LED diode portion of the mask. Close eyes during treatment session to avoid eye damage or irritation.

Discontinue use immediately if you experience any discomfort while using the mask.

# Consult Your Doctor If You:

Have any medical questions regarding red light therapy.

Experience negative reactions or effects from using this device.

Are taking drugs or medication known to cause light sensitivity.

Have any discomfort while using the

# Care Instructions

Before storing your device, unplug it and keep it in a cool, dry area away from direct sunlight.

## To Clean the Device:



This device is water-resistant, **NOT WATERPROOF.**

Do not submerge the Red Mask or its components in water.

Make sure all cords are disconnected, and that the device is powered off.

Use a damp cloth or paper towel to clean the mask. Only clean the outside silicone portion of the mask, avoiding the LED diodes and panels.

Never submerge your mask in water or other liquids.

Allow your Red Mask to air dry before using it again.

# Warranty

All new UltraLux Health products come with a **1-year manufacturer warranty, and only valid for the original buyer**. In order for the warranty to apply, the item must be in like new condition, excluding the defect. Contact **support@ultraluxhealth.com** with photo or video evidence of the defective item. Whether or not the item is covered under warranty is under full discretion of UltraLux Health. If the item is covered, a replacement item will be shipped to the customer at no cost to the customer. Warranties cover labor, defective parts, and the return shipping of the new/repaired product to the customer.

# Contact For Assistance

Now that you know exactly how to operate and use your UltraLux Red Mask, it's time to take full advantage of the amazing benefits!

**Feel free to reach out to our customer service team with any questions or concerns**



✉ Support@ultraluxhealth.com    💬 Live Chat : ultraluxhealth.com

☎ 385-360-9755 or Internationally Toll Free at: 855-479-4149

M-F 9:00am - 5:00pm MST



# RED MASK

HEALTH GUIDE



# UltraLux Red Mask Health Guide

The UltraLux Health Red Mask has benefits for all types of skin conditions. Whether desiring to improve uncomfortable skin conditions or simply desire healthier skin, the Red Mask can be your solution.

**This Red Mask Health Guide will provide you with information to facilitate quality results.**

## Supported Principles of the UltraLux Red Mask

Red light therapy (RLT) supports various principles related to internal biological processes that promote hair, skin, and mental health. **The UltraLux Red Mask supports these same processes while targeting the skin, facial features, and brain.** Additionally, we advise consulting a doctor if you have questions about a specific condition related to these targeted areas. However, if your specific condition would improve by experiencing a principle listed below, then the Red Mask is right for you!



### Increased Collagen

Collagen is a structural protein that provides support to the skin and hair. Red light therapy increases this collagen production, supporting the skin to become more supple, leading to a reduction in the appearance of fine lines and wrinkles.



## **Stimulation of Cellular Activity**

Red light therapy enhances cellular function by promoting increased energy production (ATP) within the cells. This may lead to improved cell metabolism and overall cellular health in the body.



## **Reduction of Inflammation**

There are anti-inflammatory effects within red light therapy that can reduce inflammation in the skin. The anti-inflammatory effects can help alleviate redness, swelling, and discomfort associated with these skin conditions.



## **Increased Blood Circulation**

Red light therapy stimulates blood flow. Improved blood circulation ensures better delivery of oxygen and essential nutrients to the cells in the treated area. This can be particularly beneficial for the skin on the face, as it enhances the supply of vital elements needed for cellular metabolism and overall skin health.



## **Mental Health**

Exposure to red light is believed to stimulate cellular activity, particularly in the mitochondria, leading to enhanced energy production and improved neurotransmitter function. The release of certain neurotransmitters, such as serotonin and endorphins, which play key roles in mood regulation and emotional well-being.

# How to Optimize Your Ultralux Red Mask Benefits

Tailoring your red light therapy sessions is great for achieving goals and maximizing the potential benefits of this treatment faster. **Optimizing sessions to individual goals allows for a more targeted and effective approach.**

The UltraLux Red Mask and neckpiece allow you to adjust your red light therapy sessions for your needs.

## Anti-Aging Benefits

Use Red Light at 75% for 15 minutes at a time. Do this 3-4 times per week and increase frequency if desired. Decrease frequency or power if you develop skin irritations, burning sensations, or pain.

**3-4  
TIMES  
PER WEEK**



15 MIN



75%

## Acne Treatment

Alternate red and blue light at 100% for 15 minute sessions. Do this 1-2 times per day, and increase frequency if needed. Decrease frequency or power if you develop skin irritations, burning sensations, or pain.

**1-2  
TIMES  
PER DAY**



15 MIN



75%

## Scarring, Inflammation and Redness

Alternate red and blue light at 75% for 15 minute sessions. Do this 3-4 times per week and increase frequency if needed. Decrease power or frequency if you experience any discomfort during use.

**3-4  
TIMES  
PER WEEK**



15 MIN



75%

## Skin Tightening or Weight Loss

Alternate between red and infrared light at 75% for 15 minute sessions. Do this 3-4 times per week, and increase power or frequency if desired. Decrease power or frequency if you experience any discomfort during use.

**3-4  
TIMES  
PER WEEK**



15 MIN



75%

# What to Avoid

When using the UltraLux Red Mask, it is important to maintain your health and safety. We recommend avoiding the following in order to receive the results you want, while protecting yourself.

## Overexposure

We recommend not exceeding 30 minutes per session. Do not wear your mask or neck piece overnight.

## Not Consulting a Doctor About Conditions and Medications

If you suffer from a specific scalp condition or are taking photosensitizing medications, and do not consult with a healthcare professional or dermatologist, there may be adverse effects. Talk to your doctor, and they can provide personalized advice based on your health status.

## Inconsistency in Use

Consistency is key with red light therapy. Avoid sporadic or irregular usage, as regular and consistent sessions are more effective for achieving quality results. But do not exceed recommended session time.

**DISCLAIMER :** The information provided in this health guide is intended for informational purposes only and is not a substitute for professional medical advice, diagnosis, or medical treatment. Use the information in this guide responsibly, and seek professional medical guidance from your doctor if you have questions concerning your specific health concerns.

# Product Specifications

<b>Product Name</b>	<b>UltraLux Red Mask</b>		
<b>LEDs</b>	480 LEDs	<b>External box size</b>	34x23x4.5cm
<b>Session Lengths</b>	10/15/20/25/30min	<b>Net weight of products</b>	0.32kg
<b>Operating Temp</b>	0-40 C	<b>Adapter Input</b>	0.3A 50/60HZ
<b>Acceptable Voltage</b>	100-240V	<b>Adapter output</b>	5V DC 3A
<b>Wavelengths (nanometers)</b>	Red Light 630nm, Blue Light 460nm, Yellow Light 590nm, and Near-Infrared Light 850nm		



**Questions? We are happy to help.**

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