



RED MAX

INSTRUCTION MANUAL

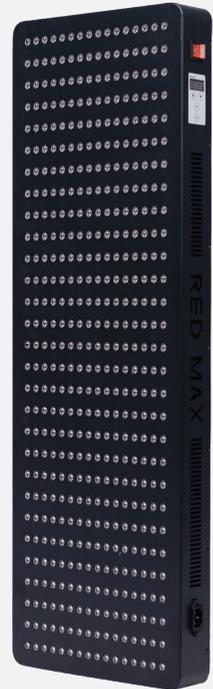
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Meet Your UltraLux Red Max

Congratulations on taking this next step in your full-body health journey. We hope you'll enjoy the expert-level restorative and healing aspects of red light therapy in your in your own home, on your own time.

Skip the trip to the dermatologist and revive your skin at home! **With 6 FDA-cleared wavelengths specialized for reversing aging effects, reducing inflammation, and relieving pain**, the UltraLux Red Max will become your go-to for all your therapy needs.



What Sets the UltraLux Red Max's Apart?

Clinically-proven Pain Relief

Experience all-natural, medical-grade pain relief without the unknown medication or unnecessary procedures.

Clinic-Quality Healing at Home

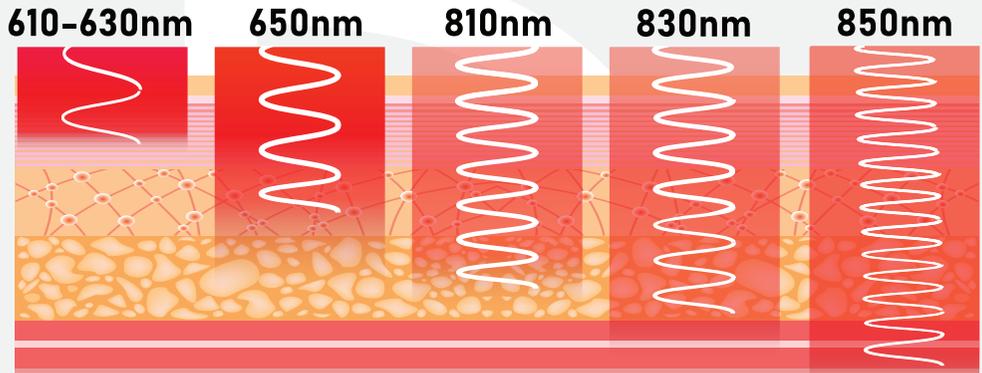
Experience the best of healing technology without the hassle of setting up a doctor's appointment. Rejuvenate your skin and support your body's healing without leaving the comfort of your home.

FDA-Cleared Wavelengths for Weight Loss

The UltraLux Red Max includes red and infrared light wavelengths to heal the effects of aging and skin conditions.

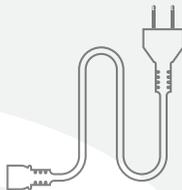
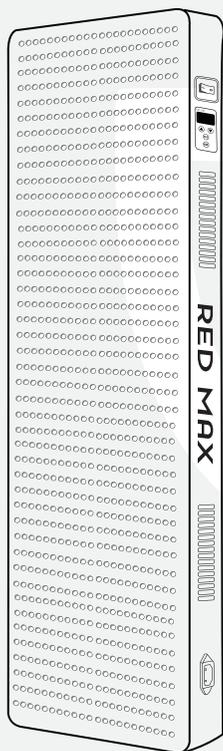
Health Benefits from using the Red Max

Nanometers*



- | | | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none">• Anti-aging• Heal effects of scars and skin conditions• Reduce inflammation and scarring | <ul style="list-style-type: none">• Wound and injury healing• Pain relief• Stem cell regeneration | <ul style="list-style-type: none">• Relief from arthritis and chronic pain• Reverse wrinkles and fine lines• Relieve nerve pain and neuropathy | <ul style="list-style-type: none">• Arthritis and joint pain relief• Wound and injury healing• Decrease effects of depression & anxiety | <ul style="list-style-type: none">• Increased blood circulation• Detoxification benefits• Increase collagen production |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|

What's in Your Red Max Box?



1x Power Cord



1x Light Protection Goggles



1x Light Protection Glasses



1x User Manual



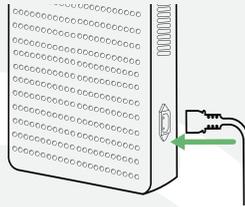
1x Door Hanging Kit

1x UltraLux Red Max

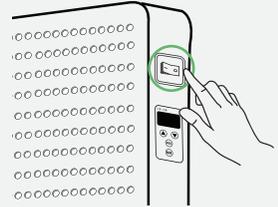
How to Use Your Red Mini



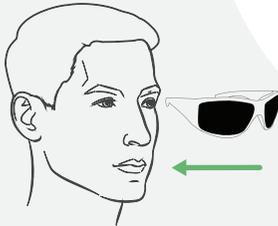
1. Plug power cord into a power outlet.



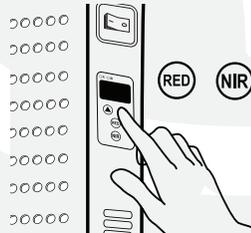
2. Attach the female end of the power cord into the Red Max port



3. Flip on the power switch located behind the panel on the bottom right.



4. Put on light protection goggles or glasses, if you would like.



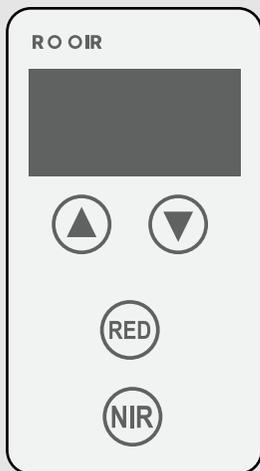
5. Select either the Red or Infrared light therapy option.
See Red Max Functions on how to adjust settings.



**FOR VIDEO INSTRUCTIONS
SCAN THIS QR CODE WITH
YOUR PHONE'S CAMERA**

Red Max Functions

All settings can be adjusted using the digital panel on the side of the Red Max.



Press the “NIR”  button to turn on the near infrared LEDs. Then press it again to turn them off. Note that the near infrared LEDs will look as though they are off as the light is invisible to the human eye, but the countdown timer will light up on the screen to signify the LEDs are on.

Press the “RED” and “NIR”  +  buttons to have both the red light and near infrared light LEDs on at the same time.

To adjust the timer:

 Select the up arrow to increase the time in your session.

 Select the down arrow to increase the time in your session.

Troubleshoot

If you are experiencing difficulty with your Red Max, we recommend powering off your device and unplugging the power cord from the Red Max. Then unplug the cord of the Red Max from the power outlet of your wall.

Reconnect the cord to the Red Max, and the connector to the power outlet. This will support the device in resetting.

Safety Instructions



This device is water-resistant, NOT WATERPROOF.

Do not submerge the Red Max or its components in water.

Not intended for use by children or pregnant women.

Do not exceed 30 minutes per treatment session.

Do not stare directly into the red light panels/diodes.

Consult Your Doctor if You:

Have any medical questions regarding red light therapy.

Experience negative reactions or effects from using this device.

Are taking drugs or medication known to cause light sensitivity.

The statements have not been evaluated by the FDA (U.S. Food & Drug Administration). Our products are not intended to diagnose, treat, cure, or prevent any disease. Our products are low-risk, general wellness / fitness products that do not require FDA clearance, in accordance with the "General Wellness: Policy on Low Risk Devices" draft released January 20, 2015

Care Instructions

Before storing your Red Max, unplug it and keep it in a cool, dry area away from direct sunlight.

To Clean the Red Max:

Make sure all cords are disconnected, and that the panel is powered off.

Use a damp cloth or paper towel to clean the panel. Only clean the outside portion of the Red Max, avoiding the LED diodes.

Never submerge your panel in water or other liquids.

Allow your Red Max to air dry before using it again.

Frequently Asked Questions

How does red light therapy work?

Red light therapy delivers natural, non-invasive wavelengths of light to the cells in our bodies. When these light wavelengths are absorbed, the mitochondrion are stimulated, creating more energy within our bodies. As a result, this cellular energy is used to increase the health and effectiveness of our bodily functions.

Are there side effects from using this device?

Red light therapy is not associated with any adverse side effects if used as directed.

How long will it take to notice results?

You may start noticing visible or physical results in as little as 4 weeks of consistent use. Individual results may vary.

Is Red Light bad for my eyes?

Red light therapy is shown to improve eye health! Most customers find it useful to close their eyes while using the Red Max.

What is irradiance?

Irradiance measures the strength and effectiveness of a light wavelength. UltraLux Health uses high irradiances on all red light therapy products to ensure real, powerful results.

What is the EMF output of this device?

The Red Max has a Low-EMF output of 1.7 miligauss from 6-inches away at its highest setting

Frequently Asked Questions

Will I get a tan from the red light?

Irradiance measures the strength and effectiveness of a light wavelength. UltraLux Health uses high irradiances on all red light therapy products to ensure real, powerful results.

Do I need to clean the device? How do I clean it?

We recommend cleaning the Red Max regularly. To clean, use a water-based wipe or wet paper towel to gently clean the LEDs and the metal portion of the panel. Allow to air dry completely before use.

How long can I use the Red Max for?

For best results, use the Red Max for 1-2, 15 minute sessions per day for a minimum of 4 weeks. We strongly advise you to only use the Red Max for these recommended time allotments. Do not exceed 30 minutes per treatment session.

Does red light therapy hurt?

No, it should not hurt. Red light therapy should feel like a comfortable, slight warmth. If you experience skin irritation or pain, stop using and consult a medical professional right away.

Do I need a prescription from my doctor to use the Red Mini?

Not at all! Our light therapy device uses FDA-cleared wavelengths that can be bought over the counter for anyone experiencing pain issues. If you have any health concerns, or light sensitivity issues, please consult a medical professional before use.

Warranty

The UltraLux Red Max comes with a **2-year manufacturer warranty, and only valid for the original buyer.** In order for the warranty to apply, the item must be in like new condition, excluding the defect.

Contact **support@ultraluxhealth.com** with photo or video evidence of the defective item. Whether or not the item is covered under warranty is under full discretion of UltraLux Health. If the item is covered, a replacement item will be shipped to the customer at no cost to the customer. Warranties cover labor, defective parts, and the return shipping of the new/repaired product to the customer.

Contact For Assistance

Now that you know exactly how to operate and use your UltraLux Red Max, it's time to take full advantage of the amazing benefits!

Feel free to reach out to our customer service team with any questions or concerns



✉ Support@ultraluxhealth.com 💬 Live Chat : ultraluxhealth.com

☎ 385-360-9755 or Internationally Toll Free at: 855-479-4149

M-F 9:00am - 5:00pm MST



RED MAX

HEALTH GUIDE



UltraLux Red Max Health Guide

The UltraLux Health Red Max has benefits for all types of skin, muscle, and hair conditions. **Whether desiring to achieve healthier skin or simply want to improve muscle recovery, the Red Max can be your solution.** This Red Max Health Guide will provide you with information to facilitate quality results.

Supported Principles of the Red Max

Red light therapy (RLT) supports various principles related to internal biological processes that promote body, skin, and mental health. **The UltraLux Red Max supports these same processes while targeting the skin and muscles.** Additionally, we advise consulting a doctor if you have questions about a specific condition related to these targeted areas. However, if your specific condition would improve by experiencing a principle listed below, then the Red Max is right for you!



Increased Collagen

Collagen is a structural protein that provides support to the skin and hair. Red light therapy's ability to boost collagen production may contribute to accelerated healing of wounds, scars, wrinkles, and skin injuries.



Stimulation of Cellular Activity

Red light therapy enhances cellular function by promoting increased energy production (ATP) within the cells. This may lead to improved cell metabolism and overall cellular health in the body.



Reduction of Inflammation

Red light therapy enhances cellular function by promoting increased energy production (ATP) within the cells. This may lead to improved cell metabolism and overall cellular health in the body.



Increased Blood Circulation

Red light therapy stimulates blood flow which aids in the removal of waste products and toxins from tissues. Improved blood circulation ensures a more efficient delivery of oxygen, nutrients, and other essential substances to the cells.



Mental Health

Exposure to red light is believed to stimulate cellular activity, particularly in the mitochondria, leading to enhanced energy production and improved neurotransmitter function. The release of certain neurotransmitters, such as serotonin and endorphins, which play key roles in mood regulation and emotional well-being.

How to Optimize Red Max Benefits

Tailoring your red light therapy sessions is great for achieving goals and maximizing the potential benefits of this treatment faster. For the best results, we recommend the following:

Reverse Wrinkles and Sun Damage

If you would like to target wrinkled or sun damaged skin, select the Red Light Setting. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.

1-2
SESSIONS
EVERY DAY



15 MIN



RED
LIGHT

4
WEEKS

Improve Cellular Health and Regeneration

For cellular health and regeneration improvement, select the Red Light Setting. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.

1-2
SESSIONS
EVERY DAY



15 MIN



RED
LIGHT

4
WEEKS

Treat Skin Conditions

Whether you have psoriasis, acne, or eczema, the Red Mini can assist in improving all kinds of skin conditions. Select Infrared Light Setting. Use for 1, 15 minute session every day for a minimum of 4 weeks.

1-2
SESSIONS
EVERY DAY



15 MIN



NIR
LIGHT

4
WEEKS

Pain Relief

For alleviating muscle or skin pain, select Infrared Light Setting. Use for 1-2, 15 minute sessions every day for a minimum of 4 weeks.

1-2
SESSIONS
EVERY DAY



15 MIN



NIR
LIGHT

4
WEEKS

How to Optimize Red Max Benefits

Tailoring your red light therapy sessions is great for achieving goals and maximizing the potential benefits of this treatment faster. For the best results, we recommend the following:



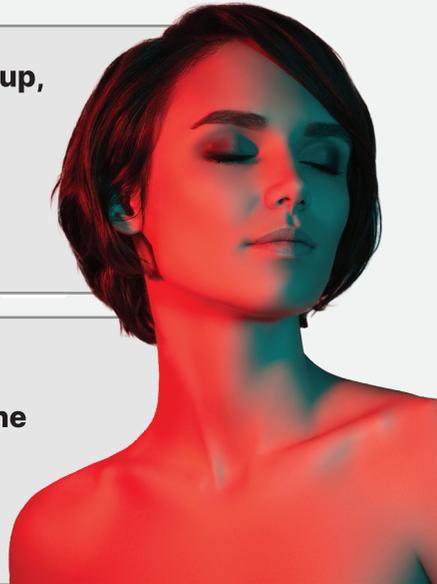
Ensure skin is free from makeup, lotions, sunscreens, or other barriers.

Clean the target body area with a gentle cleanser before your red light therapy session.



Remove Clothing or other barriers from the target body area.

Bare skin absorbs the red light better than covered skin.



What to Avoid

When using the UltraLux Red Max , it is important to maintain your health and safety. We recommend avoiding the following in order to receive the results you want, while protecting yourself.

Overexposure

We recommend not exceeding 30 minutes per session. Do not use your Red Max overnight.

Not Consulting a Doctor About Conditions and Medications

If you suffer from a specific scalp condition or are taking photosensitizing medications, and do not consult with a healthcare professional or dermatologist, there may be adverse effects. Talk to your doctor, and they can provide personalized advice based on your health status.

Inconsistency in Use

Consistency is key with red light therapy. Avoid sporadic or irregular usage, as regular and consistent sessions are more effective for achieving quality results. But do not exceed recommended session time.

DISCLAIMER : The information provided in this health guide is intended for informational purposes only and is not a substitute for professional medical advice, diagnosis, or medical treatment. Use the information in this guide responsibly, and seek professional medical guidance from your doctor if you have questions concerning your specific health concerns.

Product Specifications

| | |
|---------------|--------------------------------------------|
| Product Name | UltraLux Red Max Red Light Therapy Panel |
| Rating Power | 600 - 1410 watts |
| Size | 7.6*24*3 inches |
| Spectrum | 610 nm, 630nm, 650 nm, 810nm, 830nm, 850nm |
| LED Count | 464 dual chip flicker-free LEDs |
| Net Weight | 25 pounds |
| Beam angle | 30 degrees |
| Timer Control | 5/10/15/20/25/30 mins |
| Voltage | AC100-240V |
| Irradiance | Up to 160 mW/cm ² at 6 inches |



Questions? We are happy to help.

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